

Core Program Area: HEALTH and WELLBEING

This evaluation tool should be used for:

Health and Wellbeing (601) •

	4-H Program Impact Evaluation for Volunteers	•	
Commu	who have provided six hours (or more) of education nications:	1.	
	rticipating in 4-H	Yes	No
501.18	I taught youth to express their thoughts or opinions.		
501.19	I taught youth how to use information to communicate with others.		
501.20	I provided opportunities for youth to demonstrate a skill they learned.		
Leaders		1	
	fter participating in 4-H		No
501.21	I provided opportunities for each youth to serve in a leadership role.	Yes	
501.22	I facilitated experiences for youth to work in a team/group to accomplish a common task or goal.		
501.23	I helped youth understand how their actions impact others.		
Civic En	gagement:		
After par	rticipating in 4-H	Yes	No
501.24	I facilitated the identification of the needs of others in my community.		
501.25	I coordinated service activities (community service, service learning, personal service to others).		
501.26	I taught youth to recognize leaders in the community or area of interest.		
Core Pr	ogram Area: <u>Health & Wellbeing</u>		
	ticipating in 4-H	Yes	No
* 1	erm Outputs (Administered Immediately After Program/Event)		
601.1	I helped youth identify their interests in health and wellbeing.		
601.2	I helped youth realize the impact that good daily habits have on the health and wellbeing in their lives.		
601.3	I taught youth ways to be active and how physical activity contributes to their overall health.		
	I introduced concepts, ideas, and coping skills in health and wellbeing and helped youth to understand them.		
Medium	Term Outputs (Administered Immediately After Program/Event)		

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

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Disabilities accommodated with prior notification.



601.9	Youth reported identifying one or more jobs that might be a good fit	
601.6	for them in Health and Wellbeing and are making plans to pursue	
	them.	
	Youth reported applying critical thinking and problem-solving skills I	
	taught in 4-H health and wellbeing programs to other areas of their	
	life.	
601.7	Youth reported using the knowledge and skills I taught in health and	
	wellbeing to complete a 4-H project.	
601.10	Youth reported using the skills and knowledge I taught in 4-H to	
	encourage family or friends to make responsible choices related	
	to their health or wellbeing.	
	Youth reported applying positive coping skills I taught in 4-H to	
	help manage stress.	
	Youth reported applying the skills and knowledge I taught in 4-H	
	to make good choices regarding their health and wellbeing.	

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