

Core Program Area: FAMILY and CONSUMER SCIENCES

This evaluation tool should be used for:

- Work and Life Skill Development (501)
- Financial Security and Economic Wellbeing (201)
- Food Safety, Quality, and Access (301)
- Health and Wellbeing (601)

4-H Program Impact Evaluation for Youth Participants who have engaged in six hours (or more) of education.			
Communications:			
<i>After participating in 4-H...</i>			
501.6	I expressed my thoughts or opinions.	Yes	No
501.7	I used information to communicate with others.		
501.8	I demonstrated a skill I have learned.		
Leadership:			
<i>After participating in 4-H...</i>			
501.9	I served in a leadership role.	Yes	No
501.10	I worked in a team / group to accomplish a common task or goal.		
501.11	I realized how my actions impact others.		
Civic Engagement:			
<i>After participating in 4-H...</i>			
501.12	I identified the needs of others in my community.	Yes	No
501.13	I participated in a service activity (community service, service learning, personal service to others).		
501.14	I recognized leaders in my community or area of interest.		
Core Program Area: Family Consumer Sciences			
<i>After participating in 4-H...</i>			
Short Term (Administer at end of program/club year)			
301.1	Through 4-H I have learned the difference between healthy and unhealthy snacks and meals.		
301.2	Through 4-H I have learned the techniques involved in safe food handling and preparation.		
301.3	Number of youth who reported that they learned about kitchen safety.		
301.4	Through 4-H I have identified my interest in Family Consumer Sciences.		
201.1	Through 4-H I learned about financial management (needs, wants, etc.)		
201.2	Through 4-H I learned about budgeting.		
	Through 4-H I learned the basic skills in one or more clothing and textiles projects (sewing, needlework, crochet, knitting, etc.)		



301.9	I increased my knowledge of egg and/or poultry food safety practices.		
301.10	I improved my egg and/or poultry cooking skills.		
601.5	I learned how food impacts my overall health.		
Medium Term (<i>Administer at End of Program Year</i>)			
201.4	I can identify one or more jobs that might be a good fit for me in Family Consumer Sciences and am making plans to pursue them.		
201.6	I have practiced budgeting skills.		
201.7	I have practiced needs versus wants knowledge when making purchases on a budget.		
301.5	I used my skills and knowledge to prepare healthy snacks or meals for myself or my family.		
301.7	I have practiced kitchen safety techniques outside of 4-H.		
301.8	I have used the skills and knowledge I gained in 4-H to complete a Family Consumer Sciences project.		
601.8	I have used nutrition as a way to improve my overall health.		

