

## **Core Program Area: FAMILY and CONSUMER SCIENCES**

This evaluation tool should be used for:

- Work and Life Skill Development (501) •
- Financial Security and Economic Wellbeing (201) •
- Food Safety, Quality, and Access (301) •
- Health and Wellbeing (601) •

# **4-H Program Impact Evaluation for Youth Participants** who have engaged in six hours (or more) of education.

After participating in 4-H  Yes  No    501.6  I expressed my thoughts or opinions.	Commu	nications:				
501.7  I used information to communicate with others.  Image: State in the image: State	After par	rticipating in 4-H	Yes	No		
501.8  I demonstrated a skill I have learned.    Leadership:  Yes    After participating in 4-H  Yes    501.9  I served in a leadership role.    501.10  I worked in a team / group to accomplish a common task or goal.    501.11  I realized how my actions impact others.    Civic Engagement:	501.6	I expressed my thoughts or opinions.				
Leadership:  Yes  No    After participating in 4-H  Yes  No    501.9  I served in a leadership role.  50    501.10  I worked in a team / group to accomplish a common task or goal.  50    501.11  I realized how my actions impact others.  1    Civic Engagement:    After participating in 4-H    Yes    No    501.12    I identified the needs of others in my community.    501.13    I participated in a service activity (community service, service learning, personal service to others).    501.14    I recognized leaders in my community or area of interest.    Core Program Area: Family Consumer Sciences    After participating in 4-H    Short Term (Administer at end of program/club year)    301.1    Through 4-H I have learned the difference between healthy and unhealthy snacks and meals.    301.2    Through 4-H I have identified my interest in Family Consumer Sciences.    301.3    Number of youth who reported that they lea	501.7	I used information to communicate with others.				
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#### Cooperative **Extension Service**

Family and Consumer Sciences

4-H Youth Development

#### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Agriculture and Natural Resources

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marial status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



Disabilities accommodated with prior notification.

Community and Economic Development Lexington, KY 40506



301.9	I increased my knowledge of egg and/or poultry food safety			
	practices.			
301.10	I improved my egg and/or poultry cooking skills.			
601.5	I learned how food impacts my overall health.			
Medium Term (Administer at End of Program Year)				
201.4	I can identify one or more jobs that might be a good fit for me in			
	Family Consumer Sciences and am making plans to pursue them.			
201.6	I have practiced budgeting skills.			
201.7	I have practiced needs versus wants knowledge when making			
	purchases on a budget.			
301.5	I used my skills and knowledge to prepare healthy snacks or			
	meals for myself or my family.			
301.7	I have <b>practiced</b> kitchen safety techniques outside of 4-H.			
301.8	I have used the skills and knowledge I gained in 4-H to complete			
	a Family Consumer Sciences project.			
601.8	I have used nutrition as a way to improve my overall health.			

### Cooperative Extension Service

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Lexington, KY 40506