

COOPERATIVE
EXTENSION
SERVICE



College of Agriculture,
Food and Environment

extension.ca.uky.edu

We Grow™ Leaders.

www.ca.uky.edu

Contact:
4-H Youth Development
212 Scovell Hall
Lexington, KY 40546-0064

859-257-5961



Dr. Westerfield reviews MRI Brain Scan of patient with right frontal lobe brain tumor with Justin and Joshua Luttrell, Russell County High School seniors. Dr. Westerfield's 4-H experience was made possible by outstanding volunteers. Today, he gives back by mentoring medical students from two medical schools and high school students interested in medical careers.

4-H is a
community of
young people
across America
who are learning
leadership,
citizenship and
life skills.

“4-H Creates a Culture to Achieve!”
Dr. Jerry Westerfield

4-H provided education and mentors to Dr. Jerry Westerfield. While growing up on a dairy farm in Ohio County, Dr. Westerfield took advantage of every 4-H program available. Each program instilled knowledge and practices that have benefitted him as a hard working board certified diagnostic radiologist in Russell Springs, Kentucky.



Structured learning, encouragement and adult mentoring that young people receive through their participation in 4-H plays a vital role in helping them achieve future life successes.

(Tufts University, 2012)

4-H Projects to Med School: 4-H projects require youth to maintain detailed records and budgets. Dr. Westerfield learned to be responsible, observant, and confident to make judgements and present information and justifications during various 4-H competitions. He was the state 4-H Swine Champion in 1956, being awarded with a trip to the 4-H Club Congress in Chicago, one of the highlights of his 4-H career. Those same skills were applied in medical school where he would be presented with a case, required to evaluate and present the information in a logical manner. Dr. Westerfield continues to be known for maintaining meticulous journals and records today.

“4-H Creates a Culture to Achieve.” 4-H county and district competitions, demonstrations, speech and talent shows as well as support from his parents instilled a competitive spirit in Dr. Westerfield and his five brothers that built self-esteem. The leadership skills motivated Dr. Westerfield to become the state 4-H State President in 1960. As the state president, Westerfield was provided the opportunity and confidence to travel and broaden his horizons. His undergraduate and graduate education took him from Kentucky to Mississippi, Massachusetts, Michigan and California. His military service, in the Air Force, took him to Southeast Asia then back to Tampa, Florida where he started his family and Radiology practice.

Appreciate Diversity: Although the Westerfield family did not have room to host the 4-H international exchange students (there were 6 boys in the family), Westerfield and his brothers were fascinated to learn about the cultures of the 4-H international visitors to Ohio County. Meeting the international youth motivated the Westerfield family to travel the world, discover, appreciate, and share.

Lifelong Learner: Various 4-H projects, including tractor school and tractor driving competitions, taught Westerfield science and “how things work.” He continues to learn being a lifelong learner by being active in his professional organization, Radiological Society of North America, attending more annual meetings than any other radiologist in the U. S. His interest in technology provides Russell County Hospital with the only stereotactic Core Needle Breast Biopsy Unit at a critical access hospital in Kentucky. He is



Dr. Westerfield overseeing CT brain scan at Russell County Hospital. Dr. Westerfield is regarded as innovative in his profession. He works to bring the latest technology in medical imaging to those living in rural areas.



Dr. Westerfield received the “Benjamin Award” from Donna Diaz, Executive Director of the Lake Cumberland Area Development District for his philanthropy to the Lake Area Foundation, a non-profit generating endowed funds to carry out charitable interest in the Lake Cumberland area.

seeking grant funding for Molecular Breast Imaging to complement the existing digital mammography.

4-H made a difference in the life of Dr. Westerfield and he is making a difference in the lives of others. He provides medical care in rural hospitals, mentors young adults, gives back to his community, and is an active citizen sharing his opinions and proposals for change related to economic development and affordable, effective health care. When you support 4-H, you are investing in the future of individuals, communities and the world.