EXTENDING KNOWLEDGE
Changing Lives

IN WARREN COUNTY
Extension provides practical education you can trust by helping individuals, families, businesses, and communities solve problems, develop skills, and build a better future.

Priority Program Efforts

- 350 youth made an impact in their community through service projects
- 67 youth indicated an increase in leadership skills, knowledge or confidence through participation in Extension-related leadership programs
- 362 citizens (youth & adults) acknowledged utilizing the skills learned through Extension programming

A total of 500 individuals reported making lifestyle changes (diet, exercise, managing stressors, healthy home practices, etc.) for the purpose of improving their health

A total of 1344 youth and adults demonstrated informed and effective decision-making skills

- 113 producers utilized new marketing opportunities introduced by Extension

- 196 farmers self-reported an increase in profits as a result of adopting one or more practices recommended by Extension

- 5,000 individuals gained knowledge about eating healthy foods

- 4,113 youth and adults who demonstrated increase practical living skills (learned through Extension)

Building Leaders in Our Community

- Twenty young farmers are gaining leadership skills through Extension Motivating & Educating Ag Leaders (MEAL)
- The Warren County Family and Consumer Science Agent advised 140 extension homemakers with several community projects each year. Over $3,000 are raised to support the Ovarian Cancer Research project.
- Warren County 4-H program awarded five 4-H members with $1,000 scholarships for higher education in 2013. Since 1998, Warren County has awarded twenty-six youth with $1,000 scholarships. Career fields include medical, banking, veterinarian, education, photojournalism, 4-H Agent, and much more!
- Twenty-three volunteers are being trained in the Master Gardner Program. Upon graduating from this program, they will be able to provide countless volunteer hours back to our community.

Warren County Cooperative Extension Staff

4-H Club Officer Training

MEAL Participants
Agriculture & Horticulture

- County Ag Improvement Program (CAIP) cost-share funds has invested $200,000 in helping farmers implement priorities to increase profitability.
- Connecting Farms to Local Markets workshop provided an opportunity for 160 farmers, retailers and food services to network and increase awareness and sales of local food products.
- Showing agriculture’s importance to the local community resulted in:
  - 1,200 families learning more about agriculture at Ag Night at Chaney’s Dairy Barn.
  - 275 community leaders shared in ag awareness at the Our Farm Your Plate Breakfast during National Ag Week.
  - Agriculture education and promotion was achieved through over 1 million media contacts through the daily Farm & Home Show (WBKO-TV), daily Country Cottage (Time Warner Cable-TV), weekly Ag Connections (WKCT-Radio) and Warren Co. Ag Social Media Sites.
- 273 commercial and home vegetable growers received certification and/or training through 14 different workshops offered.

4-H Youth Development

The Warren County 4-H Program actively engages diverse audiences through various outreach programs including 4-H clubs, camps, and school enrichment. A total of 4,113 youth participated in the following programs: nutrition, careers, reality stores, dollars and sense, SET- robotics/biotechnology, American Private Enterprise, overnight/day camps plus many project oriented activities. Horse, livestock, shooting sports, communications, and culinary arts projects allowed our 4-H members to travel all over Kentucky, Louisiana, Ohio and Mississippi competing in various events. Special honors include national public speaking champion at Quarter Horse Congress in Columbus, Ohio and a 2nd place finish at the Great American Seafood Cook-off 4-H Edition in New Orleans. Over 200 volunteers and community partners help make the Warren County 4-H Program a huge success!

Family & Consumer Sciences

In 2011, according to the Behavioral Risk Surveillance System 69% of Kentuckians were overweight or obese (Body Mass Index greater than or equal to 25.0) and 81% of people reported having no exercise in the prior 30 days. The Family and Consumer Science Agent created a 6 week program that taught class participants healthy habits. These habits would teach people how to live a healthy life by eating plenty of fruits and vegetables and engaging in physical activity. The healthy habits included; consuming a Better Breakfast, Rethink Your Drink, 5 Veggies a Day, Fighting the Snack Attack, and Get Moving. 36 Warren County residents participated in the program and with a combined total, lost 432 pounds. All class participants increase their daily physical activity and many expressed that their bodies felt much better. Betty, who lost the most percentage of weight during the program, has continued to use our facility as a weigh-in meeting place. Since the program Betty has lost a total of 47 pounds and has decreased her blood pressure. Her doctors have taken her off of her diabetes medication and the pain medicine that assisted with her previous knee problems. Betty participates in daily exercise classes and prepares healthy snacks so that they are easily accessible. This program taught healthy habits that resulted in positive changes!

Great American Seafood Team