

COOPERATIVE
EXTENSION
SERVICE

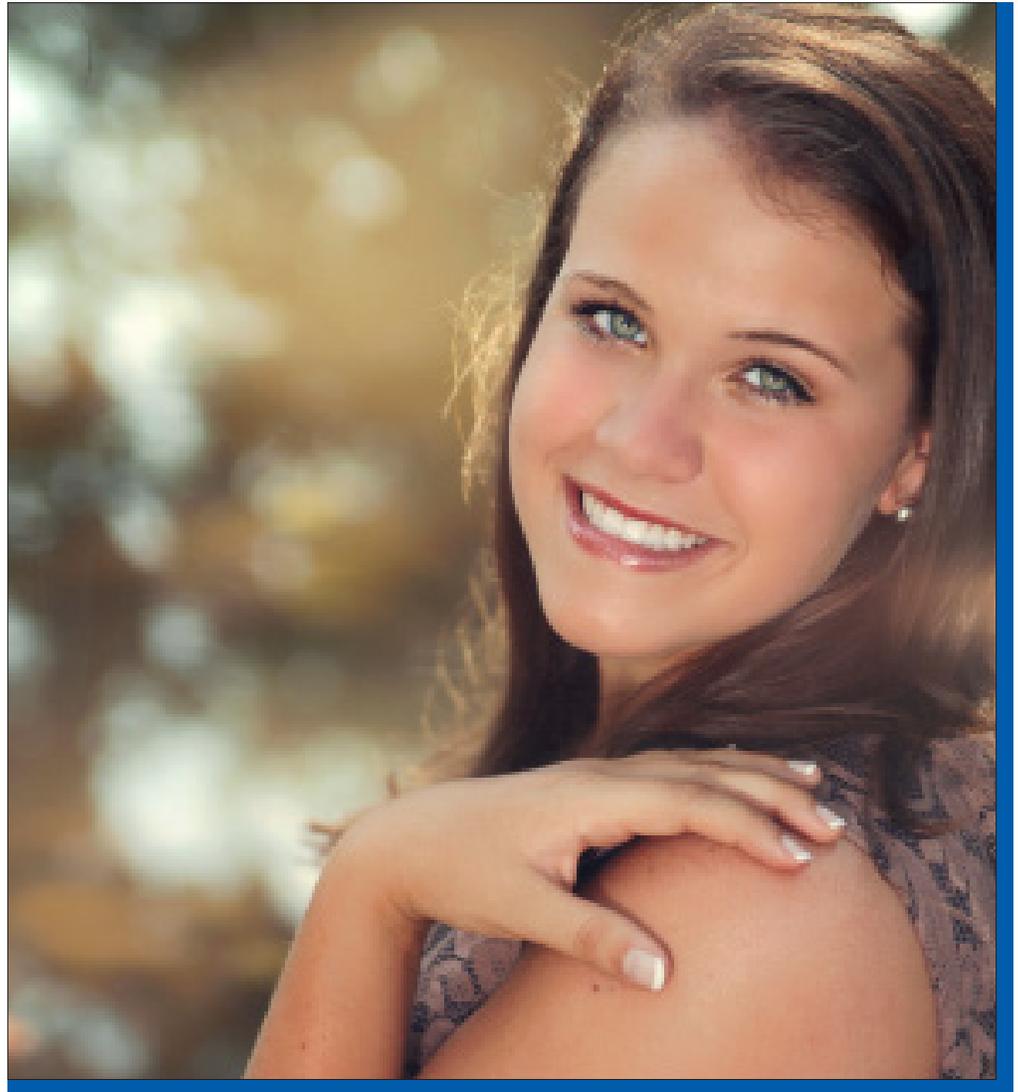


**When you support
4-H Youth
Development
Programs,
members
discourage risky
behaviors and
promote a healthy,
smoke-free
community.**



Contact your Extension agent at
Caldwell County
Cooperative Extension Office
1025 US Hwy 62W
Princeton, KY 42445
Phone: (270) 365-2787
Fax: (270) 365-2085
DL_CES_CALDWELL@EMAIL.UKY.EDU
www.ces.ca.uky.edu/ces

EXTENDING KNOWLEDGE *Changing Lives*



Paige Hart received the 2013 Emerald Award, the highest national 4-H Award

Caldwell County Youth Received the Highest 4-H Honor for Giving Back to the Community

“My parents taught me right from wrong. 4-H developed my confidence, communication and leadership skills, and desire to participate in civic projects.”

—Paige Hart



The **4-H Achievement Program** recognizes youth and awards them with points for participating in activities and events, completing projects and serving in leadership roles, with the **Emerald Award** being the highest honor.

Paige Hart of Caldwell County received the Emerald Award for 2013. Paige organized and coordinated a group of teens to conduct an **anti-smoking/tobacco program** to 4th and 5th graders in Caldwell County. The students learned about the toxic chemicals contained in tobacco products, participated in simulations of how smoking can diminish lung capacity and ability to participate in sports, as well as, discussed life-long health risks. In addition to classroom programs, Paige has spoken out against tobacco use in the local newspaper and radio announcements.

Paige has been active in local, state and regional 4-H leadership positions, including serving on the planning committee of the Southern Regional Teen Leadership Conference. She has developed skills in livestock, participating in the Veterinary Science Program and the Country Ham project and competed in local and state competitions in speech, demonstrations, home environment, and fine arts projects.



Paige Hart has served as a leader in 4-H

4-H members are less likely to engage in delinquent behavior, show signs of depression, or use drugs.

-Tufts Positive Youth Development Study



Paige Hart preparing her country ham project