

COOPERATIVE
EXTENSION
SERVICE



When you support Extension, military families have opportunities to build and improve family resilience throughout the deployment cycle and beyond.

BUILDING STRONG FAMILIES
FOR KENTUCKY



Contact Info:
Kerri Ashurst, Ph.D.
Military Family Programs
115 Huguelet Dr.
Room 246 Scovell Hall
Lexington, KY 40506
(859) 257-3887
www2.ca.uky.edu/hes/?p=590

EXTENDING KNOWLEDGE *Changing Lives*



Military families get away from everyday pressures to facilitate the family reintegration process.

Extension Reaches Out to Military Personnel and Their Family Members in Every Kentucky County

Extension Military Family Programs partner with community service providers to plan, deliver, and evaluate activities to enhance the quality of life for military families prior to, during and after deployment.



Extension Military Family Programs

implement recreational, educational and social programs for military families living in civilian communities. Military Family Program staff collaborate with military and non-military community partners to identify knowledge, issues, problems and needs. The information is then utilized to develop sustainable solutions for military families and the communities that serve them.

Operation: Military Kids (OMK) is the U.S. Army's collaborative effort to support youth and families impacted by deployment. The goal is to connect military families with local resources to achieve a sense of community support and enhance their well-being. Programs, trainings, events and camps focus on family reintegration.

Military Teen Adventure Camps aid military parents and their teens in reconnecting and building teamwork skills after deployment through high adventure experiences, such as whitewater canoeing, backpacking, rock climbing, wilderness survival, snow skiing and more.

DoD Military Family Camps help families focus on each other and reconnect. Camps have been conducted since 2009 in places such as Mammoth Cave, Robinson Forest, Life Adventure Center, 4-H Camps, Louisville Science Center and the Newport Aquarium.

Kentucky Military Family Caregiver Network was founded in 2013 to promote networking and collaborations between organizations to provide access to and awareness of services, support and education to military and Veteran caregivers across the Commonwealth.



Military youth and parents living in civilian communities have an opportunity to interact with other military youth and parents who are experiencing some of the same feelings.

“That was a phenomenal, action packed weekend with a schedule that rivaled any pre-mobilization training I’ve ever conducted. You and your staff gave 110% and made each of us (military families) feel very cared for and special. I will fully recommend this experience to all of my peers with families. Thanks again.”

~ Military Family Camp adult participant



Military families participate in adventure camp activities to connect after deployment, improve communication and build family resilience skills.